



**WILDERNESS SHOP**  
**B O X H I L L**

# SLEEPING BAGS

## A Buying Guide to Down & Synthetic Sleeping Bags

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**Dream back to your last trip away. Did you awake to a crisp clear morning, snug in your sleeping bag? Are you about to embark on your first big adventure? The average person spends 8 hours, one third of a day sleeping. With such a large amount of time devoted to one activity it is important to make the correct investment in a sleeping bag, from brands including Mont and Exped. With the combination of experienced staff and this buying guide we are confident you will match the warmth, weight, quality and budget that you require.**

### Choosing A Sleeping Bag

There are a number of factors to consider before purchasing a new sleeping bag. So while initially the range available may appear overwhelming, using these factors, the information in our Buying Guide, and with help from The Wilderness Shop, you will make the right choice! Most factors are interrelated as explained below.

### Range

At The Wilderness Shop we have around 30 different sleeping bags. We are sure we have one to suit you!

### Factors

- **Shapes** that sleeping bags are available in are generally defined as rectangular or mummy shaped. Most of our rectangular bags are called tapered rectangular, as they are slightly narrower at your feet than at your shoulders. Some prefer a mummy shaped bag, as this maximises warmth while minimising weight and bulk. Others prefer a tapered rectangle for greater room and flexibility of use: they can be unzipped fully and used as a doona in hot weather, or in summer a couple can use one bag over the top as they sleep.
- **Temperature Range** that a sleeping bag is suitable for is a guideline. Some people are warm sleepers, others are not. In general, men feel the cold less than women, and a young person will feel the cold less than someone who is older. The warmer temperature listed for each bag is for someone who feels the cold, the colder temperature is for someone who does not

feel the cold. Other factors that affects how warm or cold you feel are: how tired you are, how well you have eaten, your hydration level, how good your sleeping mat is, and if you are tenting on your own or with another person.

**Fill** type is on many peoples lists. Advantages of down fill is it is light, compact and has a longer life. There are different loft qualities available, higher loft gives greater warmth for the same weight. The advantages of a synthetic fill are a lower price, is better than down if damp and may suit someone with an allergy.

**Weight** is important, and is related to the above factors. If you are carrying it in your pack over long distances, get one that is light and compact, yet still within your weight and shape factors. Higher quality fill will add warmth without weight.

**Features** can increase comfort and warmth, and will increase the price. Hoods add warmth, a 3D hood is even better. Draft tubes along the zip keep out the cold. A 3D foot keeps feet warmer. Vertical baffles in the chest area reduce down from shifting during the night. Horizontal baffles allow down to be moved around the bag for greater flexibility in temperature use. A water-resistant *Hydronaute XT* shell adds warmth with negligible weight increase, even more so in damp conditions. A *Waterbloc* keeps the down drier in the worst conditions, hence you stay warmer.

### Decision Time

Finally, get a bag that suits your needs. Don't get one designed for Mount Everest if you are going overseas to sleep on Grandma's couch!



www.exped.com

**Complete  
New  
Range !!!**



Waterbloc 600

**Mummy, Down Filled** *Extreme lightweight, for the highest level of performance*

**Down fill:** Goose down, loft 750 cu in loft

**Features:** **Comfort Series;** roomy design with full length side & foot zip, anatomic hood, draft tube, neck muff, mat loops, locking zips, 35D ripstop nylon shell, strong double tuck-stitching, sealed baffles

**Lite Series;** lightest design, full length side zip, anatomic hood, draft tube, mat loops, locking zips, 35d ripstop nylon shell & inner, strong double tuck-stitching, sealed baffles, angled trapezoid foot

**Waterbloc Series;** offer best protection from the elements, there is no better warmth and weather protection to weight ratio available, features of a sleeping bag and a bivy bag merged together, resulting in less weight, smaller packed size, lower cost and reduced condensation. Waterproof, & breathable Pertex Endurance® shell

Model	Shape	Recommended use	Temperature rating (EN 13537)	Fill weight	Total weight	Price
Comfort 400		3 season walking & travel	5° to 0° (extreme - 16°)	380 g	0.92 Kg	\$399 XL \$419
Comfort 600		4 season walking & travel	0° to - 6° (extreme - 23°)	590 g	1.13 Kg	\$469 XL \$489
Comfort 800		4 season walking for cold sleepers	- 6° to - 12° (extreme - 29°)	780 g	1.37 Kg	\$539
Lite 300		ultralight walking & travel	7° to 2° (extreme - 13°)	290 g	0.70 Kg	\$399
Lite 500		light 3 season walking	3° to - 2° (extreme - 18°)	490 g	0.98 Kg	\$429
Lite 700		4 season walking & cold sleepers	- 3° to - 9° (extreme - 27°)	690 g	1.24 Kg	\$499
Waterbloc 600		3-4 season walking, damp conditions	2° to - 4° (extreme - 20°)	570 g	1.30 Kg	\$629
Waterbloc 800		4 season walking, damp conditions	- 3° to - 9° (extreme - 28°)	770 g	1.57 Kg	\$699



mont.com.au



**Zodiac Semi Rectangular** *The classic travel & walking bag ideal for the world tour*

**Down fill:** Duck Down: minimum range of 85-90% Down (new ACCC rating), 600+ loft

**Features:** Box wall, Oversize 3D draft tube & neck muff, Antisnag zip tape, Full length side & foot zips, Left & right bags zip together, foot features *Toaster & Oven Door* design

**XL option:** 15cm longer, increased circumference (10cm top, 6cm toe), 50 grams more fill.

Model	Shape	Recommended use	Comfort temp range	Fill weight	Total weight	Price
Zodiac 350		lightweight travel/ summer bushwalk	2° to 10°	350 gm	0.94 Kg	\$299 XL \$319
Zodiac 500 (M&W)		3 season travel/ bushwalking womens option	- 1° to 7°	500 gm	1.10 Kg (M) 1.06 Kg (W)	\$339 \$339 XL \$359
Zodiac 700		4 season travel/ bushwalking	-5° to 3°	700 gm	1.29 Kg	\$399 XL \$419



## Tapered Rectangular Series

Versatility & popularity for outdoor & travel

**Down fill:** Goose Down: minimum range of 85-90% Down (new ACCC rating), 700+ loft

**Features:** Radial Arc baffles, Differential cut & Oversize canopy, Radiant Barrier over torso, Oversize 3D draft tube & Neck muff, Antisnag zip tape, Recessed drawcord, Full length side & foot zips, 3D hydronaute XT foot, Left & right bags zip together, No cross block baffle allowing distribution of down between top and bottom, Toaster foot design

**XL option:** 15cm longer, increased circumference (10cm top, 6cm toe), 100 grams more fill

Model	Shape	Recommended use	Comfort temp range	Fill weight	Total weight	Price
Nadgee		3 season travel/ bushwalking	-4° to 4°	550 gm	1.22 Kg	\$499 XL \$539
Nadgee Hydronaute XT		3-4 season travel/ bushwalking damp conditions	-7° to 1°	550 gm	1.19 Kg	\$599 XL \$639
Brindabella		4 season travel/ bushwalking	-8° to 0°	700 gm	1.39 Kg	\$559 XL \$599
Brindabella Hydronaute XT		4 season travel/ bushwalking damp conditions	-11° to -3°	700 gm	1.40 Kg	\$659 XL \$699
Aurora (W)		womens 4 season travel/ bushwalking	-8° to 0°	700 gm	1.31 Kg	\$559
Aurora (W) Hydronaute XT		womens 4 season travel/ bushwalking damp conditions	-11° to -3°	700 gm	1.30 Kg	\$659
Franklin		4 season travel/ bushwalking/ ski tour	-12° to -4°	850 gm	1.49 Kg	\$599 XL \$649
Franklin Hydronaute XT		4 season travel/ bushwalking/ ski tour damp conditions	-17° to -7°	850 gm	1.52 Kg	\$699 XL \$749



## Extender Series

Extend the range of your sleeping bag

**Down fill:** Goose Down: minimum range of 85-90% Down (new ACCC rating), 700+ loft

**Features:** Sewn through for weight efficiency, Full length side and foot zips, Tapered cut, Left and right bags zip together, No cross block baffle allowing flexible distribution of down between top and bottom, Hotwire has hood with recessed drawcord

Model	Shape	Recommended use	Comfort temp range	Fill weight	Total weight	Price
Nitro		booster bag	Extends existing bag up to 5°	150 gm	0.53 Kg	\$249
Hotwire		booster bag/ lightweight travel/ summer bushwalking	7° to 15°	250 gm	0.68 Kg	\$289 XL \$299



## Specialist Boxfoot Series

Technical alpine series with premium quality goose down & water resistant/breathable shells

**Down fill:** Goose Down: minimum of 90% Down (new ACCC rating), 750+ cu loft

**Features:** Radial Arc baffles, Differential cut & Oversize canopy, full upper Radiant Barrier, Dual zip 3D/2D draft tube, Antisnag zip tape, Large neck muff, Recessed drawcord, Full length side & foot zips, Contoured hood, Left & right bags zip together, Cross vertical baffle system to prevent down shift, Differential fill 55% top & 45% base, Toaster foot design

**XL option:** 15cm longer, increased circumference (10cm top, 6cm toe), 100 grams more fill.

Model	Shape	Recommended use	Comfort temp range	Fill weight	Total weight	Price
Highland Hydronaute XT		3-4 season bushwalking / damp conditions	-10° to -2°	600 gm	1.25 Kg	\$699 XL \$759
Zeal (W) Hydronaute XT		womens 4 season bushwalking / damp conditions	-15° to -7°	780 gm	1.40 Kg	\$829
Spindrift Hydronaute XT		4 season bushwalking / damp conditions	-15° to -7°	750 gm	1.42 Kg	\$829 XL \$869
Telemark Hydronaute XT		4 season ski tour/ damp conditions	-20° to -12°	850 gm	1.53 Kg	\$879 XL \$929
Main Range Hydronaute XT		4 season alpine/ damp conditions	-26° to -18°	950 gm	1.65Kg	\$919 XL \$959



**Evolution Synthetic Series** *Shattering the myth that synthetics cannot be light, compact & warm*

**Fill:** Polarguard® Shingle Baffle construction  
**Features:** Full Radiant Barrier technology, Contoured 3D hood, Large neck muff, *Oven-door* foot, Draft tubes, Antisnag zip tape, Full length side & foot zips, Left & right bags zip together  
**XL option:** 15cm longer, increased circumference (10cm top, 6cm toe).

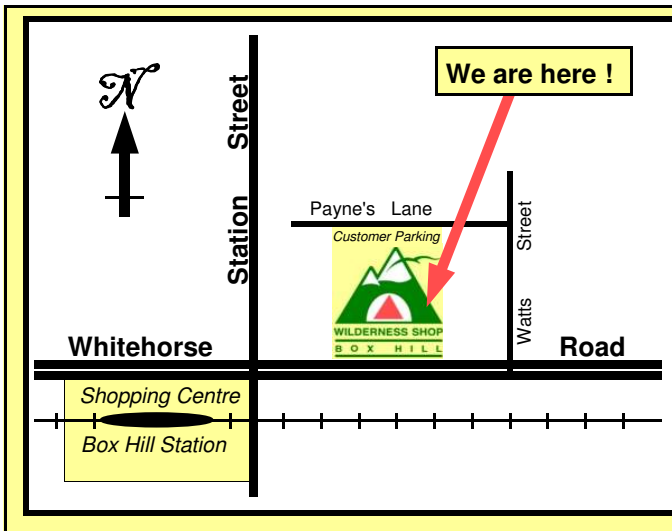
Model	Shape	Recommended use	Comfort temp range	Total weight	Price
Evo Ultralight		ultralight travel /bushwalk, adventure racing	to 10°	0.85 Kg	\$149
Evo Light		2-3 season travel/summer bushwalking	-2° to 6°	1.34 Kg	\$199 XL \$219
Evo Super		3 season bushwalking/ travel	-6° to 2°	1.59 Kg	\$229 XL \$249
Evo Extreme		3-4 season bushwalking	-10° to -2°	1.73 Kg	\$259
Evo Alpine Super		3-4 season bushwalking	-8° to 0°	1.48 Kg	\$249
Evo Alpine Extreme		4 season bushwalking/ snow	-12° to -6°	1.70 Kg	\$289



**Stealth Boxfoot Down** *Intermediate range for all outdoor activities*

**Down fill:** Duck Down: minimum range of 85-90% Down (new ACCC rating), 600+ loft  
**Features:** Box wall, Oversize 3D draft tube, Large neck muff, 3D foot, Antisnag zip tape, Recessed drawcord, Full length side zip  
 Differential fill 55% top & 45% base.

Model	Shape	Recommended use	Minimum temp range	Fill weight	Total weight	Price
Stealth		4 season/ snow use	-20° to -10°	1100 gm	1.8 Kg	\$649



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