



**WILDERNESS SHOP**  
**BOX HILL**

# BUSHWALKING PACKS

*A Buying Guide to Bushwalking Packs June 3, 2010*

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## Bushwalking Packs

*The Wilderness Shop has the best range of packs to meet all your needs. Brands include Mont, Lowe Alpine, Wilderness Equipment (Sea to Summit), and Deuter. From a weekend away to three weeks in South West Tasmania to a two month mountaineering expedition, our wide range of brands ensures that you will find a harness systems that fits you and a pack with the features to fit your gear.*

## Mont

*Style, simplicity and design that is engineered to carry*



mont.com.au



Pioneer

### Moto Active Harness System

- HDPE Frame Sheet adds strength to lumbar region and provides more lower back support.
- The shoulder straps are fully adjustable and interchangeable
- The shoulder strap position is simple and quick to adjust via a single 50mm buckle
- The removable, interchangeable hipbelt is fixed directly to the frame stays for improved load transfer
- Breathable 3D air flow mesh wicks moisture away and dries quickly
- Aluminium frame stays can be easily removed and adjusted



Model	Size	Volume	Weight (M)	Fabric	Harness System	Compartments & Pockets	Price
Flyte	S / M / L	65L / 70L / 75L	2.45 Kg 2.60 Kg	1000D Nylon or Corespun canvas	Novo Lite	1 compartment, 1 lid & 1 back pockets	\$249/ \$289
Escape	W / M / L	65L / 70L / 75L	2.48 Kg	Corespun canvas, Nylon base	Moto Active	1 compartment, 2 lid & 1 back pockets	\$479
Pioneer	M / L	80L / 85L	2.81 Kg	Corespun canvas, Nylon base	Moto Active	1 compartment, 2 lid & 1 back pockets	\$479
Backcountry	W / M / L	70L / 80L / 85L	2.85 Kg	Corespun canvas, Nylon base	Moto Active	2 compartments, 2 lid & 1 back pockets	\$499



www.lowealpine.com



Cerro Torre

**Torso Fit™ APS System**

The APS back system can be adjusted in 3 easy stages:



1. Pull down the lumbar pad, unthread the buckle and remove the shoulder harness unit.
2. Rethread the shoulder harness unit into the appropriate slot (highlighted by your colored line)
3. Refasten and tighten the buckle until the shoulder harness unit is firmly situated in the slot with the arrow/white line lining up with your colored line. Close the lumbar pad. Once adjusted the pack is now the correct length.

**“1967: Lowe brothers develop the first internal frame pack.”**  
 Lowe Alpine was born in 1967 in the Colorado work shed of climbers Greg, Jeff and Mike Lowe. Now expanded to become an international company, *Low Alpine* retains the same vision and enthusiasm. Always innovative, the Lowe brothers point out that their innovations are simply a byproduct of necessity.

Model	Size	Maximum Volume	Weight	Fabric	Harness System	Compartments & Pockets	Price
Nanon Hyperlite mens & womens	50:60 ND 50: 60	60L	1.36 Kg	Dyneema	Centro Adjustable	1 compartment with side access, 2 lid pockets	\$349
TFX Horizon	65	65L	2.20 Kg	Textured polyester 600D & 900D	TFX @5	2 compartments, 1 lid and 2 side pockets	\$329
TFX Appalachian W	ND 55 + 10	65L	2.2 Kg	-	TFX @5	2 compartments, 1 lid and 2 side pockets	\$329
TFX Wilderness W TFX Wilderness	ND 65 + 15 65 + 15	80L 80L	3.00 Kg 3.00 Kg	-	TFX@7	2 compartments, with front entry, 1 lid and 2 side pockets	\$489 \$489
Cerro Torre W Cerro Torre	ND 55 + 15 65 + 20 75 + 20	70L 85L 95L	2.80 Kg 3.00 Kg 3.20 Kg	500D, 100D & 500D Ripstop Nylon	Torso Fit APS7	2 compartments with dual top & back access, 2 lid pockets	\$359 \$359 \$399



Nanon 50:60

NEW !!

The Nanon targets those people who want a lighter packs but also want functional features that help to organise their loads during the trek.

**Key Features and Benefits:**

- Super lightweight pack that still carries well
- Lightweight but durable Dyneema fabric body
- Lightweight Centro adjustable back for maximum comfort from a precise fit
- Lightweight version of AdaptiveFit hipbelt ensuring maximum comfort
- 10mm web reduces weight with no loss of function
- Airflow mesh in back panel reduces moisture build up
- Front compression pocket for wet gear or additional quick access items

Volume: 50lt+10lt extension=60lt  
 Intended carrying capacity: 15 Kg



TFX Wilderness

Combining comfort with durability, the TFX Wilderness handles everything from short trips to extended journeys. The TFX@ 7 back gives perfect comfort and load control over difficult terrain.

**Key Features and Benefits:**

- TFX@ 7 adjustable back offering a perfect, stable, comfortable fit.
- The Torso Motion hipbelt allows the body to move naturally
- Large bellows side pockets integrated into the pack body for extra storage.
- Front entry system for easy access to gear.
- Ice axe/ trekking pole position allows easy access to lower compartment.

**Additional Features:**

Extendible and removable lid with elasticised insert, lid lash points, 2 internal and external zippered lid pockets, new molded Noggin Notch™ for head space, body-shaped harness, harness GPS pocket, sternum strap, 2 compartments with zip-out divider, rope compressor, extendible spindrift collar, ice-axe/trekking pole attachment allows access to lower compartment, 2 x daisy chains, mesh wand pockets, rain cover, trekking pole attachment, hydration system compatible, mitt-friendly zipper pulls, SOS panel, key clip.



www.wildequipment.com.au

**Synchro-FORM Harness System**

At the hip level the system consists of independent hip plates extending around and out from the mechanical pivot attachments to the bottom of the internal frame bars. These structural plates transmit the load from the pack frame and bag onto the 3-D pre-contoured hip pads that slip securely over them. When you close and tighten the hip harness the hip plates, with their the pads, automatically rotate to conform to your individual hip shape.

Model	Size	Volume	Weight	Fabric	Harness System	Compartments & Pockets	Price
Jagungal	S / M / L	43L / 45L / 48L	2.45Kg (M)	Canvas & Kodra	Synchro-Form	1 compartment, 1 detachable lid pocket	\$369
Breakout	S-M / M-L	70L / 75L	2.8Kg (S-M)	Canvas & Kodra	Synchro-Form	1 compartment, 1 lid & 1 back pockets	\$299
Freycinet	XS-S / M / L	70L / 75L / 80L	2.95 / 3.1 / 3.2Kg	Canvas & Kodra	Synchro-Form	2 compartments, 1 lid & 1 back pockets	\$499
Karijini	XS-S / M / L	85L / 90L / 95L	2.95 / 3.1 / 3.2Kg	Canvas & Kodra	Synchro-Form	1 compartment, 1 lid & 1 back pockets	\$489



**Freycinet**

The Freycinet is perfect for multi-day walks and warm climate trips where huge capacity is not required. The Synchro-FORM harnesses, back system and internal frame not only support serious loads with superb, dynamic comfort, but at the same time provide unrivalled ventilation for evaporative cooling as the day warms up. The slimmer-line upper bag profile of the Freycinet also makes it a popular choice for women.

**Deuter**

*Sacks and Packs for Pioneers*



www.deuter.com



What is **SL**? Deuter first introduced **SL** fit in 1999 and was used for their Trekking rucksacks. The initials '**SL**' stands for '**SLim Line**' and are designed to fit the a smaller person. Hip belts and shoulder straps are both shorter and narrower in order to give a perfect anatomic fit. In 2006 the first steps were made to develop a comprehensive women's collection, the new **SL-WOMEN'S Fit** series. Deuter has now applied its dedicated **SL** fit features throughout the wide range of specialist rucksacks from Bike to Hike.

Model	Size	Volume	Weight	Fabric	Harness System	Compartments & Pockets	Price
Aircontact 50+10SL	one	50L expands to 64L	2.3Kg	Ballistic/Ripstop Polytex/ Duratex	Aircontact <i>womens</i>	2 compartments, lid, side & internal pockets	\$349
Aircontact 55+10	one	55L expands to 71L	2.4Kg	Ripstop Polyamide/Ripstop Polyester 420/600/1000D	Aircontact	2 compartments, lid & internal pockets	\$369
Aircontact 60+10SL	one	60L expands to 76L	2.5Kg	Ballistic/Ripstop Polytex/ Duratex	Aircontact <i>womens</i>	2 compartments, lid, side & internal pockets	\$375

## How To Pack Your New Pack

Those who think it is as simple as packing heavy gear close to your back would only be partly right. It is not so much "heavy" gear, but.. "dense" equipment we should be worried about. For example a sleeping bag is often one of the heavier items in your pack, but takes up more room than say your water bladder, food, or stove and pots. So it is these denser items we should be carrying both close to our backs, and high up in the pack. The higher up the weight is in the pack, the less we have to lean forward to bring our centre of gravity over our feet.

On the other hand, having the weight centered high in the pack leads to a reduction in overall balance, so if walking on difficult terrain, it is advantageous to move the dense items a bit lower down, hugging your back. Women tend to like carrying the weight a little bit lower in the pack.

Evenly distributed weight also gives the pack a better "feel" on your back, so give it a little consideration before just throwing everything in with abandon.

Take into consideration the necessity of easy access to certain items (like rain jacket or fleece) and packing becomes a near art-form. All it takes however, is a little consideration, and you can enjoy your hiking to the fullest.

## Selecting & Fitting a Harness

Our experienced staff have a wide background in outdoor and travel situations. They have a genuine interest in ensuring that you leave The Wilderness Shop with the best harness for yourself. Following their advice is the best way to get a great fit, as different harness designs suit different people. Just so you know some of the basics they will consider, here is advice from *Mont* which will apply equally to other brands:

- Loosen all of the straps, put the pack on, then do up and tighten the hipbelt snugly. The middle of the hipbelt should fit snugly around the hips.
- Tighten the shoulder straps, then the stabiliser straps between the tops of the shoulders and the top of the pack frame, the top of the pack being between 0-5cm higher. If the pack does not fit quite right, you may need to adjust the back length by adjusting the position of the shoulder yoke on the harnesses frame stays, or by changing harness size. The curvature of the frame stays may also need adjusting.
- With light to moderate loads you may not need to use the sternum strap, but for heavy loads, do up the sternum strap for extra stability.

- Finally tighten the stabiliser straps between the hipbelt and the base of the pack.

## Mont Harness Sizing

Back Length	Moto Active™ Size	Novo Lite™ Size
up to 40cm	Women's	Women's
40 - 45cm	Medium	Medium
over 45cm	Large	Large

To use the sizing chart you'll need to know the length of your back (our experienced staff can judge pack size required by eye). Measure from your C7 vertebrae (the one that sticks out prominently at the back of your neck when you tilt your head forward) down to the point level with the top of your hipbones. Use this measurement as a rough guide for the sizing chart.

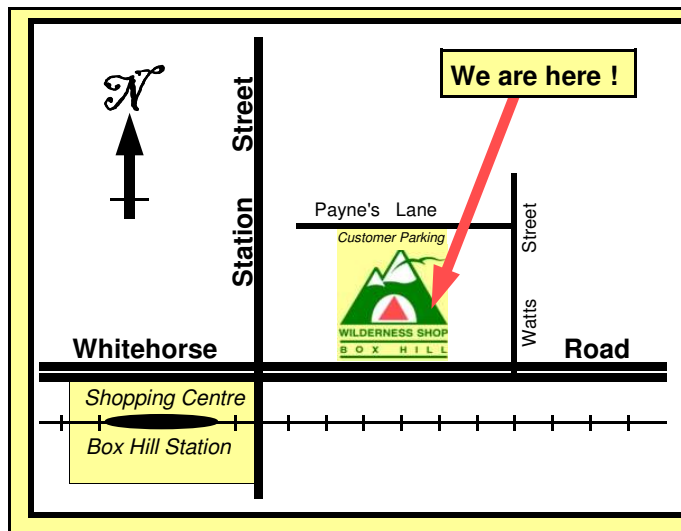
## Frame Fitting by WE

The large capacity models in the WE pack range use a rugged, asymmetric-cross, internal frame. The special section, high-tensile aluminium bars resist distortion, maintain ventilation comfort and transfer pack load to our sophisticated harness system in the most energy efficient way. The frame stiffness needed to achieve these significant advantages means it is sometimes necessary to customize the frame profile to that of your back. Two main checks and a lesser one will determine if any change is necessary to the standard profile supplied.

The ventilation clearance (from your body to the pack harness panel), between the hip and shoulder harness contacts, should be no more than a hand's thickness. Greater than this will not improve ventilation but it will put your pack load further off your back than necessary. (As noted above, excessive clearance here may indicate that your pack size is too short).

Over your upper back contact area, the frame should lay parallel to your body surface. Insufficient curvature here will result in discomfort on the shoulder blades when the shoulder harness top stabilizer straps are tightened, causing the frame to spring.

A final check on frame profile is to reach forward and down, rounding your back a little, like it would if you were scrambling. This will close the ventilation gap and cause the harness panel to lie against your back between the harness contact areas. If this normal contact is uncomfortable, due perhaps to your particular spinal shape, a little more frame curvature to increase back clearance around the frame cross-over region will overcome the problem.



## THE WILDERNESS SHOP

Equipment Specialists in  
Adventure Travel, Bushwalking,  
Rock Climbing and Cross Country Skiing.

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