



**WILDERNESS SHOP**  
**BOX HILL**

# BUSHWALKING PACKS

A Buying Guide to Bushwalking Packs

January 31, 2012

969 Whitehorse Road, Box Hill, 3128

Tel:(03) 9898 3742 Fax:(03) 9899 5398

Email: info@wildernessshop.com.au

www.wildernessshop.com.au



## Bushwalking Packs

The Wilderness Shop has the best range of packs to meet all your needs. Brands include Mont, Lowe Alpine, Wilderness Equipment (Sea to Summit), and Deuter.

From a weekend away to three weeks in South West Tasmania to a two month mountaineering expedition, our wide range of brands ensures that you will find a harness systems that fits you and a pack with the features to fit your gear.

## Mont

Style, simplicity and design that is engineered to carry



mont.com.au

### Escape

The Escape is the ideal pack for shorter multiday walks or for the weight conscious bushwalker. Made from 8.8 ounce DR-80 canvas and built around the Moto-Active Harness for optimum carrying capability.



### Pioneer

The Pioneer is a classic single compartment multi-day bushwalking pack for the purist. Mont's contoured, dual density hip belt and shoulder straps are designed to comfortably handle expedition sized loads.



### Backcountry

The Backcountry is a traditional, hardwearing fully featured dual compartment canvas bushwalking pack. Incorporating the Mont Moto Active™ harness, the Backcountry offers great carrying comfort for expedition size loads.



### Flyte

The Flyte is a medium capacity, top-loading pack designed to withstand years of abuse. Ideally suited to the rough-and tumble of school outdoor and scouting programmes, or as your first rucksack.



Model	Size	Volume	Weight (M)	Fabric	Harness System	Compartments & Pockets	Price
Flyte	S / M / L	65L / 70L / 75L	2.60 Kg	Corespun canvas	Novo Lite	1 compartment, 1 lid & 1 back pockets	\$289
Escape	W / M / L	65L / 70L / 75L	2.48 Kg	Corespun canvas, Nylon base	Moto Active	1 compartment, 2 lid & 1 back pockets	\$479
Pioneer	M / L	80L / 85L	2.81 Kg	Corespun canvas, Nylon base	Moto Active	1 compartment, 2 lid & 1 back pockets	\$479
Backcountry	W / M / L	70L / 80L / 85L	2.85 Kg	Corespun canvas, Nylon base	Moto Active	2 compartments, 2 lid & 1 back pockets	\$499



www.lowealpine.com



**Nanon 50:60**

The Nanon targets those people who want a lighter packs but also want functional features that help to organise their loads during the trek.

**Key Features and Benefits:**

- Super lightweight pack that still carries well
- Lightweight but durable Dyneema fabric body
- Lightweight Centro adjustable back for maximum comfort from a precise fit
- Lightweight version of AdaptiveFit hipbelt ensuring maximum comfort
- 10mm web reduces weight with no loss of function
- Airflow mesh in back panel reduces moisture build up
- Front compression pocket for wet gear or additional quick access items

Model	Size	Maximum Volume	Weight	Fabric	Harness System	Compartments & Pockets	Price
Nanon Hyperlite mens & womens	50:60 ND 50: 60	60L	1.36 Kg	Dyneema	Centro Adjustable	1 compartment with side access, 2 lid pockets	\$349
Kongur	65:75	75L	1.77 Kg	-	TFX@4	2 compartments, 1 lid and 2 side pockets	\$229
Ama Dablam W	ND60:75	75L	2.2 Kg	-	TFX@6	2 compartments, 1 lid and 2 side pockets, mesh back and side stuff pockets	\$329
Khumbu	65:80	80L	2.23 Kg	-	TFX@6	2 compartments, 1 lid and 2 side pockets, mesh back and side stuff pockets	\$349
Wilderness W	ND 65 + 15	80L	3.00 Kg	-	TFX@7	2 compartments, with front entry, 1 lid and 2 side pockets	\$489
Cerro Torre W Cerro Torre	ND 55:70 65:85 75:95 XL	70L 85L 95L	2.80 Kg 3.00 Kg 3.20 Kg	330D Ripstop Nylon & 630D Nylon	TFX@10	2 compartments with dual top & back access, 2 lid pockets	\$419 \$429 \$469

**Ama Dablam**



The Ama Dablam is a bushwalking pack designed specifically for women. It has bellows side pockets and is perfect for overnight camping trips and multiday treks.

**Key Features and Benefits:**

- Fully adjustable ND TFX 6 women's back system for carrying comfort
- Ergonomically shaped, rotating hipbelt
- Bellows side pockets for additional storage
- Side mesh pockets
- Large elasticated stash pocket for quick access storage

**Kongur**



The Kongur is an entry level backpacking pack with bellows side pockets. Perfect for overnight camping trips..

**Key Features and Benefits:**

- Adjustable TFX 4 back system for carrying comfort
- Ergonomically shaped, rotating hipbelt
- Bellows side pockets for additional storage
- Side mesh pockets

**Khumbu**



The Khumbu is a bushwalking pack with bellows side pockets. Perfect for overnight camping trips and multiday treks.

**Key Features and Benefits:**

- Fully adjustable TFX 6 back system for carrying comfort
- Bellows side pockets for additional storage
- Ergonomically shaped, rotating hipbelt
- Side mesh pockets for additional storage
- Large elasticated stash pocket for quick access storage

**Cerro Torre**



The Cerro Torre is a classic Lowe Alpine trekking/ expedition packs. It has gained it's reputation by serving people in extreme situations all over the world. This years model is lighter but with increased functionality. Its clean lines make it ideal for mountain trips and treks at high altitude.

**Key Features and Benefits:**

- TFX 10 back system for maximum load carrying comfort
- Patented AdaptiveFit hipbelt for personalised comfort
- Front entry system gives wide access to the contents
- Strong lash points allow you to add items to the outside of the pack

# Wilderness Equipment *Design & originality combined to produce reliability, comfort & versatility*



www.wildequipment.com.au

## Synchro-FORM Harness System

At the hip level the system consists of independent hip plates extending around and out from the mechanical pivot attachments to the bottom of the internal frame bars. These structural plates transmit the load from the pack frame and bag onto the 3-D pre-contoured hip pads that slip securely over them. When you close and tighten the hip harness the hip plates, with their the pads, automatically rotate to conform to your individual hip shape.

Model	Size	Volume	Weight	Fabric	Harness System	Compartments & Pockets	Price
Breakout	S-M / M-L	70L / 75L	2.8Kg (S-M)	Canvas & Kodra	Synchro-Form	1 compartment, 1 lid & 1 back pockets	\$319
Freycinet	XS-S / M / L	70L / 75L / 80L	2.95 / 3.1 / 3.2Kg	Canvas & Kodra	Synchro-Form	2 compartments, 1 lid & 1 back pockets	\$499
Karijini	XS-S / M / L	85L / 90L / 95L	2.95 / 3.1 / 3.2Kg	Canvas & Kodra	Synchro-Form	1 compartment, 1 lid & 1 back pockets	\$489

### Breakout

The proven, original entry-level canvas pack. Features an efficient, zip-less back pocket, and a high-cut bag with heavy-duty draw cord. The strong, dual-back-length system is unique and fitted to all bag sizes. It provides for teenage growth and solves the problems of best fitting a range of body sizes. The Breakout includes the Synchro-FORM harness system. Its adaptive fit is an important advantage. This is a perfect first backpack for young people beginning a life of outdoor adventure.



### Freycinet

The Freycinet is perfect for multi-day walks and warm climate trips where huge capacity is not required. The Synchro-FORM harnesses, back system and internal frame not only support serious loads with superb, dynamic comfort, but at the same time provide unrivalled ventilation for evaporative cooling as the day warms up. The slimmer-line upper bag profile of the Freycinet also makes it a popular choice for women.



### Karijini

The classic bushwalking expedition model. This big, single-compartment canvas pack is a proven performer. The external pockets, removable compression straps and bum-bag-convertible top cover add welcome convenience and versatility, with a wide-mouth throat and big top cover design. Adding the extra volume at the top of this big pack reduces backward drag on the shoulders. Fully fitted with our sophisticated Synchro-FORM harness system, the Karijini works with your body to carry the heaviest loads with comfort.



## Deuter

## Sacks and Packs for Pioneers



www.deuter.com



### Aircontact

Excellent back comfort and top spec features make them comfortable transporters, sturdy provision chests and easy to access kit bags all wrapped into one. With their mobile Vari Flex hip fins, Vari Quick System and X-Frames, one carry system suits all moderate to heavy loads whilst remaining stable, flexible and transferring the load efficiently. The Aircontact System with its clever back padding arrangement fits the back extremely comfortably whilst providing excellent all-round ventilation.



What is **SL**? Deuter first introduced **SL** fit in 1999 and was used for their Trekking rucksacks. The initials '**SL**' stands for '**SL**im Line' and are designed to fit the a smaller person. Hip belts and shoulder straps are both shorter and narrower in order to give a perfect anatomic fit. In 2006 the first steps were made to develop a comprehensive women's collection, the new **SL-WOMEN'S** Fit series.

Model	Size	Volume	Weight	Fabric	Harness System	Compartments & Pockets	Price
Aircontact 50+10SL	womens	50L expands to 66L	2.4 Kg		Aircontact <i>womens</i>	2 compartments, lid, side & internal pockets	\$349
Aircontact 55+10	one	55L expands to 71L	2.4 Kg	Ripstop Polyamide/Ripstop Polyester 420/600/1000D	Aircontact	2 compartments, lid & internal pockets	\$369
Aircontact 60+10SL	womens	60L expands to 76L	2.5 Kg	Ballistic/Ripstop Polytex/Duralex	Aircontact <i>womens</i>	2 compartments, lid, side & internal pockets	\$379
Aircontact 65+10	one	65L expands to 83L	2.8 Kg		Aircontact	2 compartments, lid, side & internal pockets	\$399

## How To Pack Your New Pack

Those who think it is as simple as packing heavy gear close to your back would only be partly right. It is not so much "heavy" gear, but.. "dense" equipment we should be worried about. For example a sleeping bag is often one of the heavier items in your pack, but takes up more room than say your water bladder, food, or stove and pots. So it is these denser items we should be carrying both close to our backs, and high up in the pack. The higher up the weight is in the pack, the less we have to lean forward to bring our centre of gravity over our feet.

On the other hand, having the weight centered high in the pack leads to a reduction in overall balance, so if walking on difficult terrain, it is advantageous to move the dense items a bit lower down, hugging your back. Women tend to like carrying the weight a little bit lower in the pack.

Evenly distributed weight also gives the pack a better "feel" on your back, so give it a little consideration before just throwing everything in with abandon.

Take into consideration the necessity of easy access to certain items (like rain jacket or fleece) and packing becomes a near art-form. All it takes however, is a little consideration, and you can enjoy your hiking to the fullest.

## Selecting & Fitting a Harness

Our experienced staff have a wide background in outdoor and travel situations. They have a genuine interest in ensuring that you leave The Wilderness Shop with the best harness for yourself. Following their advice is the best way to get a great fit, as different harness designs suit different people. Just so you know some of the basics they will consider, here is advice from *Mont* which will apply equally to other brands:

- Loosen all of the straps, put the pack on, then do up and tighten the hipbelt snugly. The middle of the hipbelt should fit snugly around the hips.
- Tighten the shoulder straps, then the stabiliser straps between the tops of the shoulders and the top of the pack frame, the top of the pack being between 0-5cm higher. If the pack does not fit quite right, you may need to adjust the back length by adjusting the position of the shoulder yoke on the harnesses frame stays, or by changing harness size. The curvature of the frame stays may also need adjusting.
- With light to moderate loads you may not need to use the sternum strap, but for heavy loads, do up the sternum strap for extra stability.

- Finally tighten the stabiliser straps between the hipbelt and the base of the pack.

## Mont Harness Sizing

Back Length	Moto Active™ Size	Novo Lite™ Size
up to 40cm	Women's	Women's
40 - 45cm	Medium	Medium
over 45cm	Large	Large

To use the sizing chart you'll need to know the length of your back (our experienced staff can judge pack size required by eye). Measure from your C7 vertebrae (the one that sticks out prominently at the back of your neck when you tilt your head forward) down to the point level with the top of your hipbones. Use this measurement as a rough guide for the sizing chart.

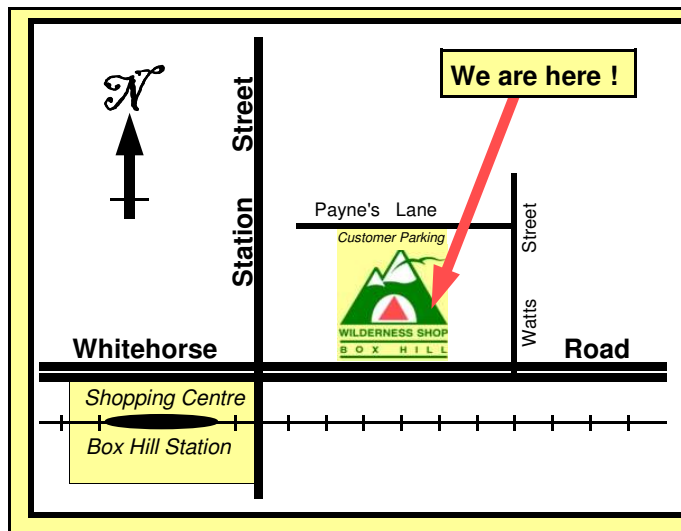
## Frame Fitting by WE

The large capacity models in the WE pack range use a rugged, asymmetric-cross, internal frame. The special section, high-tensile aluminium bars resist distortion, maintain ventilation comfort and transfer pack load to our sophisticated harness system in the most energy efficient way. The frame stiffness needed to achieve these significant advantages means it is sometimes necessary to customize the frame profile to that of your back. Two main checks and a lesser one will determine if any change is necessary to the standard profile supplied.

The ventilation clearance (from your body to the pack harness panel), between the hip and shoulder harness contacts, should be no more than a hand's thickness. Greater than this will not improve ventilation but it will put your pack load further off your back than necessary. (As noted above, excessive clearance here may indicate that your pack size is too short).

Over your upper back contact area, the frame should lay parallel to your body surface. Insufficient curvature here will result in discomfort on the shoulder blades when the shoulder harness top stabilizer straps are tightened, causing the frame to spring.

A final check on frame profile is to reach forward and down, rounding your back a little, like it would if you were scrambling. This will close the ventilation gap and cause the harness panel to lie against your back between the harness contact areas. If this normal contact is uncomfortable, due perhaps to your particular spinal shape, a little more frame curvature to increase back clearance around the frame cross-over region will overcome the problem.



## THE WILDERNESS SHOP

Equipment Specialists in  
Adventure Travel, Bushwalking,  
Rock Climbing and Cross Country Skiing.

[www.wildernessshop.com.au](http://www.wildernessshop.com.au)

969 Whitehorse Road  
BOX HILL VIC 3128  
Tel: (03) 9898 3742  
Fax: (03) 9899 5398  
E: [info@wildernessshop.com.au](mailto:info@wildernessshop.com.au)  
ABN 25 005 722 010

Open:  
Mon to Wed 9:00-5:30  
Thursday 9:00-6:00  
Friday 9:00-7:30  
Saturday 9:00-5:00  
Sunday 11:00-4:00